#### BLENDED INTENSIVE PROGRAMME IN GERIATRICS 11<sup>th</sup> June – 19<sup>th</sup> July 2024

Online course from the 11<sup>th</sup> June - 3<sup>rd</sup> July 2024 Presential week: 15<sup>th</sup> July - 19<sup>th</sup> July. 2024 (at the Faculty of Medicine of the University of Porto, Portugal)

More information

Applications are made on the University of Porto's digital platform for the presential week in Porto, 15<sup>th</sup> July - 19<sup>th</sup> July. 2024, to the Erasmus+ mobility, choosing "Mobility Programme: Erasmus+ Blended Intensive Programme (BIP)."

Candidates must upload a **Declaration** from the International Relations Office of their Home institution (faculty/university) stating that the candidate is available for Erasmus+ BIP funding. After the 30<sup>th</sup> of April 2024, candidates will be assessed and will receive notification of their acceptance, substitute condition, or refusal.

By applying to Porto, candidates will also ask for Erasmus+ short-term mobility BIP funding in their home institution for the week of the 15<sup>th</sup> to the 19<sup>th</sup> of July 2024

(Please remember to travel one day in advance and after)

**Opening of the Call for Submission of the Applications:** 2024-04-01 **Deadline for submitting applications:** 2024-04-30

# Uploads at the application moment:

Please note that you must upload the following documents (all of them together in one single PDF):

- Photo
- Citizen Card
- Course (proof of the degree / Transcript of Records of the obtained degree) OR
- Current studies (Transcript of Records of the course' academic years until 31st December 2023)
- DECLARATION from your International Office of your Home faculty/university certifying you are eligible for Erasmus+ BIP funding

# Schedule/Program:

3,5 weeks of online seminars - after 17h CET

1,5 weeks of online mentoring (previously booked, arranged with the online supporting team and the seminar's professors) 1 week face-to-face in the Faculty of Medicine of the University of Porto

There is no fixed number of seminars to attend, yet it is expected for the student participant to follow all the seminars.

Further information Contacts Academic Mobility Office of the Faculty of Medicine of the University of Porto Alameda Professor Hernâni Monteiro, s/n 4200-319 Porto, Portugal Email: internationalcoop@med.up.pt mobilidade@med.up.pt

Phone: +351 220 426 599 Mondays, Wednesdays and Fridays, 10h-12.30h GMT

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Placements: 25

# Blended Intensive Programme (BIP) in Geriatrics

• Funding:

This is a **Blended Intensive Programme/BIP**, a new short intensive course funded by Erasmus+. Funding comes from the participant applying for the Erasmus+ BIP mobility grant at home institution: 70 Euros per day for the face-to-face five days in Porto (from the 15<sup>th</sup> to the 19<sup>th</sup> of July 2024) - 350 Euros.

There will be four hours of seminars per day in the Faculty of Medicine of the University of Porto on those five presential days.

# Participation:

Free Course

(The fee for a Certificate of completion is 5 Euros, according to the Faculty of Medicine of the University of Porto/FMUP fee table at 02.03.2024)

The course's structure – **Program** – consists of 3,5 weeks of online seminars, 1,5 weeks of online mentoring, and one week of face-to-face seminars)

Evaluation with short written works prepared by the participants and presented at the face-to-face week.

4,5 ECTs

The certificate of completion's cost will be by the participants.

# Flight tickets:

### The participants will pay their flight ticket costs.

# Accommodation:

Aware of the high touristic prices in Porto by the time of the face-to-face week, the organization has provisionally arranged a hotel near the Faculty.

The course's participants only have to take a bus (10 mins) or walk around 30-40 minutes.

From 14/07 – 20/07.2024 (Sunday to Saturday, six nights), we have managed:

Price per person per night, accommodation only: In a double room - 32€ In a single room - 64€

Breakfast tax: 10€ per person/night Tourist tax: 2€ per person/night

Example: per person, double room (two beds) = 32€+10€+2€ = 44€ per night Total: 44€\*6= 264€

**The room price includes** a buffet breakfast, Wi-Fi in all the hotel areas, and legal fees within the accommodation. The accommodation cost will be by the participants. Only after application and on enrollment are the participants allowed to book accommodation since this price and contract

are guaranteed by the organization that negotiated it. Participants may choose other accommodation solutions.

Payment conditions:

Up to 90 days before arrival - 20% deposit of the total expected charge Up to 30 days before arrival - Deposit 60% of the total amount due Up to 7 days before arrival - Deposit Remaining Amount In the event of group cancellation, the 1st deposit is non-refundable. REDUCTION AND TOTAL CANCELLATION POLICY Reduction policy Up to 90 days before group arrival: no charge Between 89 days and 31 days before arrival: 20% Between 30 days and 8 days before arrival: 50%

Less than 7 days before arrival: 100%

# • Eating:

Lunch and dinner, possible, in the University of Porto canteens (there is one canteen in the FMUP) Between 2,75 Euros + IVA (in the canteen) and 3,45 Euros (take-away) (IVA included) (according to the Social Action Services of the University of Porto fee table) Several other (private) bars exist on the Faculty of Medicine premises. The participants will bear lunch and dinner costs. The organization will provide coffee breaks.